



Camper Health Forms 2013-2014

Youth Haven Camps and Retreats Eligible Applicants:

☐ Camper or direct family member positive for HIV/AIDS*

*status must be disclosed to camper

☐ Ages 7 (grade 2) through 21 (high school-community college student)

☐ Resident of Washington, DC, Maryland or Northern Virginia

There is NO income requirement or fee charged to campers.

Campers selected according to space available and suitability for program.

These forms must be completed and signed by your Doctor or Health Care Provider:

☐ Health History and Physical (3 pages)—completed by health care practitioner—

*Use student's current copy of DC "Universal Health Certificate" or use attached (pages 1-2)

*Health Certificate must be dated within 1 year of camp session

*Medications Orders (page 3) must be completed by health care practitioner

☐ Behavioral Health (1 page)—completed by social worker or psychiatrist —IIF THE CAMPER DOES NOT have any history or treatment, your Doctor must sign this page saying so.

Health Information Privacy Statement

The health information disclosed on this application is maintained in private client files under the supervision of the Nursing Coordinator, and disclosed only to authorized camp staff. Disclosure to other health providers is authorized through this application by the camper's parent/guardian and is limited to cases of emergency medical treatment while the camper is in the care of the camp/retreat program.

LSS/NCA will not disclose health information to any other agency for any other reason without additional written release by the applicant's parent or guardian.

Lutheran Social Services / NCA
Teen Haven Retreats
4406 Georgia Ave., NW
Washington, D.C. 20011



LUTHERAN
SOCIAL SERVICES
National Capital Area

More Info: contact ...
Phone: 202-723-3000 ext. 261
E-mail: youthhaven@lssnca.org
FAX: 202-723-3303 Attn: Youth Haven



DISTRICT OF COLUMBIA UNIVERSAL HEALTH CERTIFICATE

Part 1: Child's Personal Information

Parent/Guardian: Please complete Part 1 clearly and completely & sign Part 5 below.

| | | | | |
|--------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Child's Last Name: | Child's First & Middle Name: | Date of Birth: | Gender: <input type="checkbox"/> M <input type="checkbox"/> F | Race/Ethnicity: <input type="checkbox"/> White Non Hispanic <input type="checkbox"/> Black Non Hispanic <input type="checkbox"/> Hispanic <input type="checkbox"/> Asian or Pacific Islander <input type="checkbox"/> Other _____ |
| Parent or Guardian Name: | Telephone: <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work | Home Address: | | Ward: |
| Emergency Contact Person: | Emergency Number: <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work | City/State (if other than D.C.): | | Zip code: |
| School or Child Care Facility: Youth Haven Camps/Retreats | <input type="checkbox"/> Medicaid <input type="checkbox"/> Private Insurance <input type="checkbox"/> None <input type="checkbox"/> Other _____ | Primary Care Provider (PCP): | | |

Part 2: Child's Health History, Examination & Recommendations

Health Provider: Form must be fully completed.

| | | | | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------------------------|
| DATE OF HEALTH EXAM: | WT <input type="checkbox"/> LBS <input type="checkbox"/> KG | HT <input type="checkbox"/> IN <input type="checkbox"/> CM | BP: _____ (^{>3 yrs}) <input type="checkbox"/> NML <input type="checkbox"/> ABNL | Body Mass Index (BMI) _____ (^{>2 yrs}) % | |
| HGB / HCT (Required for Head Start) | Vision Screening Right 20/____ Left 20/____ | | Hearing Screening Pass _____ Fail _____ <input type="checkbox"/> Referred | | |
| HEALTH CONCERNS: | | REFERRED or TREATED | HEALTH CONCERNS: | | REFERRED or TREATED |
| Asthma | <input type="checkbox"/> NO <input type="checkbox"/> YES | <input type="checkbox"/> Referred <input type="checkbox"/> Under Rx | Language/Speech | <input type="checkbox"/> NONE <input type="checkbox"/> YES | <input type="checkbox"/> Referred <input type="checkbox"/> Under Rx |
| Seizure | <input type="checkbox"/> NO <input type="checkbox"/> YES | <input type="checkbox"/> Referred <input type="checkbox"/> Under Rx | Development/Behavioral | <input type="checkbox"/> NONE <input type="checkbox"/> YES | <input type="checkbox"/> Referred <input type="checkbox"/> Under Rx |
| Diabetes | <input type="checkbox"/> NO <input type="checkbox"/> YES | <input type="checkbox"/> Referred <input type="checkbox"/> Under Rx | Other _____ | <input type="checkbox"/> NONE <input type="checkbox"/> YES | <input type="checkbox"/> Referred <input type="checkbox"/> Under Rx |
| ANNUAL DENTIST VISIT: (Age 3 and older): Has the child seen a Dentist/Dental Provider within the last year? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Referred | | | | | |

A. Significant health history, conditions, communicable illness, or restrictions that may affect school, child care, sports, or camp.
☐ NONE ☐ YES, please detail:

B. Significant food/medication/environmental allergies that may require emergency medical care at school, child care, camp, or sports activity.
☐ NONE ☐ YES, please detail:

C. Long-term medications, over-the-counter-drugs (OTC) or special care requirements.
☐ NONE ☐ YES, please detail (For any medications or treatment required during school hours, a Physician's Medication Authorization Order should be submitted with this form)

Please complete attached form

Part 3: Tuberculosis & Lead Exposure Risk Assessment & Testing: TB Screening REQUIRED within 24 months of camp date

| | | | | | |
|---------------------|-----------------------------------------------------------------|----------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| TB RISK ASSESSMENTS | <input type="checkbox"/> HIGH → <input type="checkbox"/> LOW | Tuberculin Skin Test (TST) DATE: | <input type="checkbox"/> NEGATIVE <input type="checkbox"/> POSITIVE | If TST Positive <input type="checkbox"/> CXR NEGATIVE <input type="checkbox"/> CXR POSITIVE <input type="checkbox"/> TREATED | Health Provider: POSITIVE TST should be referred to PCP for evaluation. For questions, call T.B. Control: 202-698-4040 |
| LEAD EXPOSURE RISKS | <input type="checkbox"/> YES → <input type="checkbox"/> NO | LEAD TEST DATE: | RESULT: | Health Provider: ALL lead levels must be reported to DC Childhood Lead Poisoning Prevention Program: Fax: 202-481-3770 | |

Part 4: Required Provider Certification and Signature

☐ YES ☐ NO This child has been appropriately examined & health history reviewed. At time of exam, this child is in satisfactory health to participate in all school, camp or child care activities except as noted above.

☐ YES ☐ NO This athlete is cleared for competitive sports.

☐ YES ☐ NO Age-appropriate health screening requirements performed within current year. If no, please explain:

| | | |
|------------|-----------------|------|
| Print Name | MD/NP Signature | Date |
| Address | Phone | Fax |

Part 5: Required Parental/Guardian Signatures. (Release of Health Information)

I give permission to the signing health examiner/facility to share the health information on this form with my child's school, child care, camp, or appropriate DC Government Agency.

| | | |
|------------|-----------|------|
| Print Name | Signature | Date |
|------------|-----------|------|

DISTRICT OF COLUMBIA UNIVERSAL HEALTH CERTIFICATE

Student's Name: _____ / _____ / _____ Date of Birth: _____ / _____ / _____
 Last First Middle Mo. /Day/ Yr.

Sex: ☐ Male ☐ Female School or Child Care Facility: _____

Section 1: Immunization: Please fill in or attach equivalent copy with provider signature and date.

| IMMUNIZATIONS | RECORD COMPLETE DATES (month, day, year) OF VACCINE DOSES GIVEN | | | | | | |
|--------------------------------------------------|-----------------------------------------------------------------|---|-----------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|--|--|
| | 1 | 2 | 3 | 4 | 5 | | |
| Diphtheria, Tetanus, Pertussis (DTP, DTaP) | | | | | | | |
| DT (<7 yrs.)/ Td (>7 yrs.) | | | | | | | |
| Tdap Booster | | | | | | | |
| Haemophilus influenza Type b (Hib) | | | | | | | |
| Hepatitis B (HepB) | | | | | | | |
| Polio (IPV, OPV) | | | | | | | |
| Measles, Mumps, Rubella (MMR) | | | | | | | |
| Measles | | | | | | | |
| Mumps | | | | | | | |
| Rubella | | | | | | | |
| Varicella | | | Chicken Pox Disease History: Yes <input type="checkbox"/> When: Month _____ Year _____ Verified by: _____ (Health Care Provider) Name & Title _____ | | | | |
| Pneumococcal Conjugate | | | | | | | |
| Hepatitis A (HepA) (Born on or after 01/01/2005) | | | | | | | |
| Meningococcal Vaccine | | | | | | | |
| Human Papillomavirus (HPV) | | | | | | | |
| Influenza (Recommended) | | | | | | | |
| Rotavirus (Recommended) | | | | | | | |
| Other | | | | | | | |

Signature of Medical Provider _____ Print Name or Stamp _____ Date _____

Section 2: MEDICAL EXEMPTION. For Health Care Provider Use Only.

I certify that the above student has a valid medical contraindication to being immunized at the time against: (check all that apply)

Diphtheria: () Tetanus: () Pertussis: () Hib: () HepB: () Polio: () Measles: () Mumps: () Rubella: () Varicella: () Pneumococcal: ()

HepA: () Meningococcal: () HPV: ()

Reason: _____

This is a permanent condition () or temporary condition () until ____/____/____.

Signature of Medical Provider _____ Print Name or Stamp _____ Date _____

Section 3: Alternative Proof of Immunity. To be completed by Health Care Provider or Health Official.

I certify that the student named above has laboratory evidence of immunity: (Check all that apply & attach a copy of titer results)

Diphtheria: () Tetanus: () Pertussis: () Hib: () HepB: () Polio: () Measles: () Mumps: () Rubella: () Varicella: () Pneumococcal: ()

HepA: () Meningococcal: () HPV: ()

Signature of Medical Provider _____ Print Name or Stamp _____ Date _____

Camper name _____ DOB _____

ALL INFORMATION ON THIS PAGE MUST BE COMPLETED BY PHYSICIAN ONLY

Medication Administration

Please list all **CURRENT** medications prescribed for the camper

| MEDICATION | DOSAGE / TIMES | CONTINUE AT CAMP? |
|------------|----------------|-------------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |
| 7. | | |
| 8. | | |
| 9. | | |
| 10. | | |

STANDING ORDERS—PRN/OTC MEDICATIONS

The following medications/treatments may be administered to the above-named camper “as needed”:

| Medication/treatment | Dose/frequency | Purpose | Note |
|----------------------------|----------------|---------|------|
| IBUPROFEN 200mg tab | | | |
| CHILDREN'S MOTRIN LIQUID | | | |
| TYLENOL 325mg tab | | | |
| CHILDREN'S TYLENOL LIQUID | | | |
| BENADRYL | | | |
| ROBITUSSIN DM | | | |
| TRIPLE-ANTIBIOTIC OINTMENT | | | |
| DIETARY SUPPLEMENT “BOOST” | | | |
| VITAMIN SUPPLEMENT | | | |
| SUNBLOCK | | | |
| ANTACIDS (TUMS) | | | |

Health Care Provider Name (print) _____ Phone _____

PHYSICIAN/Nurse Practitioner SIGNATURE _____ DATE _____

Camper name _____ DOB _____

ALL INFORMATION ON THIS PAGE SHOULD BE COMPLETED BY SOCIAL WORKER OR PSYCHIATRIST ONLY

BEHAVIORAL HEALTH INFORMATION

Applicant Name _____ DOB _____

Please explain all YES responses

| CONDITION | Y/N | EXPLANATION / MEDICATION / DETAIL |
|--------------------------|-----|-----------------------------------|
| Hyperactivity | | |
| Depression | | |
| Dementia | | |
| Anger | | |
| Violence towards animals | | |
| Bed wetting | | |
| Biting or aggression | | |
| Environment destruction | | |
| Confused sexuality | | |
| Sets fires | | |
| Self-mutilation | | |
| Suicidal ideation | | Dates, Resolution: |
| OTHER IMPORTANT ISSUES | | |

BEHAVIORAL MEDICATIONS

Please list all **CURRENT** medications this child takes for hyperactivity, ADD, depression, anxiety, etc.

| MEDICATION | DOSAGE / TIMES | CONTINUE AT CAMP? |
|------------|----------------|-------------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |

Psychiatrist/Social Worker Name (print) _____ PH/PGR _____

SIGNATURE _____ DATE _____